

RAISING WISCONSIN'S CHILDREN

Connect with other parents. Get practical, positive, research-based parenting ideas. Help children grow.

- **January 9: Raising Wisconsin's Children 2024 Conference**
- **February 15: Speaking Your Child's Love Language**
- **March 21: Playful Parenting for Caregivers of Infants and Toddlers**

RESILIENT CO-PARENTING

Are you living apart while parenting together? Has the custody of your children changed? Join our classes designed to reduce conflict and support family well-being during big changes.

- **January 4: Families Fighting Fair**
- **February 1: Successful Stepfamilies**
- **March 7: Help Children with Strong Emotions**

PARENTS FOREVER

For parents in the process of divorce, already divorced, never married but separating, or with custody changes. This course is low-cost.

- **January 22**
- **January 23 & 25**
- **February 15**
- **March 18**
- **March 19 & 21**

RAISING A THINKING CHILD

Raising a Thinking Child is a 6-week workshop series that will help you guide children to solve common, everyday problems with decision-making and communication skills.

- **Tuesdays February 27 – April 2**

ONLINE PARENTING & FAMILY RELATIONSHIPS CLASSES



JANUARY/ FEBRUARY/ MARCH



Scan & scroll to
calendar to register

<https://parenting.extension.wisc.edu>

PARENT CAFES

These are small group discussions led by a parent. A fulfilling way to talk, listen and support other parents with the stressors and challenges of parenting that many have struggled with alone.

- **December 7, January 11, and February 8**

TRIPLE P: POSITIVE PARENTING PROGRAM

Triple P gives parents and caregivers practical tools to build strong relationships, manage their children's behavior, and prevent problems.

For Parents of Children 0 to 12 Years:

- **January 16: The Power of Positive Parenting**
- **January 23: Raising Confident Competent Children**
- **January 30: Raising Resilient Children Seminar**
- **February 6: Managing Fighting and Aggression**

For Parents of Children with Disabilities:

- **March 4: Positive Parenting for Children with a Disability**
- **March 12: Helping Your Child Reach Their Potential**
- **March 18: Changing Problem Behavior into Positive Behavior**

For Parents of Teens

- **March 25: Raising Responsible Teenagers**
- **April 1: Raising Competent Teenagers**
- **April 8: Getting Teenagers Connected**
- **April 15: Reducing Family Conflict**
- **April 22: Building Teenagers' Survival Skills**

FOCUS ON FATHERS

Connect with other fathers while learning to boost your child's social and emotional skills.

- **January 9: Is That a Good Choice?**
- **February 13: Keep Calm and Carry On**
- **March 12: Sports Star, Rock Star, Superstar**

TRAUMA INFORMED CAREGIVING

A workshop series for parents and caregivers to share information about trauma and children, and to strengthen relationships between children and adults.

- **Tuesdays January 9 – February 27**